

How Do You Define Independence?



RiverWoods
Exeter




Choose Peace of Mind

You want an active, independent retirement, full of time to do what you love. Yet, we know that over 70% of us over the age of 65 will require some form of long-term care. As health care costs continue to rise, how do you plan an enjoyable retirement that also provides security for whatever life brings?

When you choose RiverWoods Exeter Continuing Care Retirement Community (CCRC), you're ensuring your future health care needs are covered, no matter what. You're also choosing a life without hassles like home maintenance, housekeeping, or making dinner every night. You'll spend your time connecting with interesting new friends, exploring new pursuits and hobbies, and staying active in fun and invigorating ways. If your future health care needs change, Assisted Living, Memory Support, and Nursing Care are provided within our community, from staff you know and trust.

Welcome to our flagship community, RiverWoods Exeter, founded by two visionary women in 1994. What started as a bold concept has grown into one of the most trusted senior living organizations in New England.

A close-up, side-profile photograph of an elderly woman with short, light-colored hair, smiling broadly as she kayaks. She is wearing a blue long-sleeved shirt and a black life vest. Her hands are on a black and orange kayak paddle. The background is a blurred blue body of water under bright, natural light. The text is positioned in the upper right corner of the image.

I traded a larger home with
endless maintenance and
responsibility for a larger life.

RiverWoods Exeter resident Nancy

Freedom to Defy Expectations

If you define independence as staying in your own home, think again. You are not your grandparents. You will likely live longer, and have the chance to redefine your next chapter. Why be tied down — to a home, responsibilities, and endless maintenance? By choosing RiverWoods Exeter, you have the freedom and time to pursue your interests, learn new hobbies, and engage with a diverse and stimulating group of new friends.

Life is Better in Community

Our community of vibrant and active residents hail from diverse backgrounds, professions, and personal interests. Here, you'll find frequent discussion groups and lectures on topics ranging from history and politics to investing and books. You can enjoy performances on campus or take a trip to the theater or symphony.

It's Easy to Stay Active

No matter your current level of fitness, we make it easy. Take a few laps in one of our indoor pools, or stay active in our fitness centers, guided by instructors who also deliver a wide range of free classes. Our campuses are connected by over four miles of trails for hiking or snowshoeing. Boat launches and river access are minutes away. Join other gardeners cultivating your own raised garden bed, or stroll RiverWoods Exeter's extensive organic arboretum.

Time for the Life You Choose

Whether you're an accomplished musician, artist, woodworker, or simply looking to learn a new skill — with a variety of art studios, wood shops, a music room, and pottery studio, there are endless opportunities here to explore your creative side.

The charming town of Exeter, in the heart of the New Hampshire Seacoast region, provides abundant opportunities to engage with and enjoy the local community. Our location offers easy access to the cultural and culinary delights of Portsmouth — just a 20-minute drive — as well as Boston and Portland, each just an hour away.

With so many life-expanding activities to discover, most residents remark they've become more active socially and physically since moving to RiverWoods Exeter.

A Smart Strategy for the Future

These days, we're living longer than ever before — and the cost of health care continues to rise. The smart strategy is to plan for the future by locking in a discounted cost for multiple levels of care. When you choose RiverWoods Exeter, you also have the promise of asset preservation and financial security with our 90% refundable contract.

You'll move in as an independent adult and enjoy an active, worry-free life. We take care of things like home maintenance, housekeeping, even cooking dinner every night. If your health care needs change, we provide a full continuum of services, including:

Assisted Living

When or if you ever need help with the activities of daily living, we'll design a personalized plan to help you live life to its fullest.

Memory Support

In addition to assistance with the activities of daily living, our caring, knowledgeable professionals provide specific programming seven days a week designed to support memory and cognitive function.

Nursing Care

With a high staff-to-resident ratio, and person-centered care from a staff you know and trust, we provide Nursing Care for short term acute needs or more extensive long-term care.

New Hampshire's Tax Advantage

Becoming a resident at RiverWoods also presents potential tax and financial advantages. A portion of the entrance fee and monthly service fees may be deducted on your federal tax return as a prepaid medical expense. Additionally, New Hampshire is one of the most attractive states to retire in, due to an appealing tax profile.

By Residents, for Residents

Our residents co-create community with our staff and leadership. They play an active role in the culture of RiverWoods through the Resident Council and as representatives on the CCRC Board of Trustees. Residents manage the libraries, country stores, and our many committees and interest groups, such as Gardening, Outreach, Inclusivity, and Education.

With a 90% refundable
entrance fee, I love knowing
my assets are protected for
my family.

RiverWoods Exeter residents
Ron and Joshua the Poodle



It's been so much fun meeting
friends who love to explore
and try new things!

RiverWoods Exeter residents Betsy, Pam, and Lourrie



Three Neighborhoods, One Community

Nowhere else in New Hampshire will you find retirement living quite like this. This resident-driven community of friends reaches across three distinct campus neighborhoods, all within a mile of each other on over 200 acres — The Woods, The Ridge, and The Boulders — providing a wide variety of opportunities for dining, recreation, activities, and meeting new friends.

The Woods

- 201 Apartment Homes

The Woods is our flagship campus and features the widest variety of home options available. With over \$10 million in renovations, the campus has bright and inviting common spaces.

The Ridge

- 81 Apartment Homes
- 11 Cottages

Newly renovated in 2022, The Ridge is a warm, intimate neighborhood in the literal center of our Exeter community.

The Boulders

- 76 Apartment Homes
- 24 Cottages

The Boulders was designed to minimize impact on our environment. A short walk down Timber Lane and you'll find our favorite four-legged residents — Achilles, Plato, and Eros, our triplet pygmy goats.



Revolutionizing Retirement

In 1982, Maryanna Hatch of Durham and Rosemary Coffin of Exeter gathered a group of Seacoast-area residents around a kitchen table. Their goal was to create a community where active, engaged adults could enjoy their lives among friends and have the security of quality health care if and when it was needed. They created RiverWoods Exeter, opening The Woods in 1994. The concept proved popular, and the community grew, building two additional campuses — The Ridge and The Boulders.

A Focus on the Future

In 2012, the RiverWoods Group was created to further the mission of our founders — to bring the RiverWoods way of life to a growing number of seniors. Since that time, we have expanded our family to include RiverWoods Manchester and opened RiverWoods Durham, becoming the largest family of not-for-profit CCRCs in Northern New England. We have always grown thoughtfully and maintained strong occupancy, while consistently outperforming industry benchmarks. RiverWoods Exeter is financially rated in the top 2% of CCRCs in the nation with a Fitch A- rating. Our communities are regularly recognized for innovations within the industry, earning the RiverWoods Group a reputation as a smart and strong organization poised for the future.

Our Commitment to Sustainability

Sustainability has been one of our Core Values since our founding. Rooted by that early commitment, both residents and staff are empowered to seek out and make changes. Our landscaping is certified as 100% organic through The Northern Organic Farmers Association, and we are committed to exploring ways to be even greener in the future.

An Inclusive Community

Our founders wove the spirit of inclusion into our commitments from the very start. We define inclusivity as welcoming all people. We are thoughtful and intentional in developing our community, and we seek to consistently cast the widest possible net to expand the pool of potential residents, employees, and trustees. We are stronger for our differences. We are stronger together.



It was important to us that we chose a not-for-profit CCRC. We trust the financial strength of RiverWoods.

RiverWoods Exeter residents Ann and Bill



There are so many things
to do on the Seacoast, and
Boston is just an hour away.

RiverWoods Exeter residents Hans and Sieglinde

Your Life, Your Choice

Dining Options With our points-based dining program, dine when you want, where you want, in any of the restaurants or cafés on campus. Our trained chefs create varied, locally sourced, seasonal menus.

Fitness Centers It's easy to stay active! Each campus has an indoor pool, sauna, and fully equipped fitness room, as well as a variety of free fitness classes each week.

Complete Home Maintenance Let us do the landscaping, bi-weekly housekeeping, and weekly flat linen laundry.

Creative Spaces and Studios Explore your artistic side in our on-campus pottery studio, music room, arts and crafts studios, and wood shops.

A Gardener's Haven Wander our arboretum, with over 250 labeled specimens. Love to garden? Exercise your green thumb in our greenhouse, or your own raised garden bed.

Entertainment and Cultural Opportunities From concerts and lectures to trips to the theater — choose from a wide array of cultural activities both on-site and at off-site destinations.

Health Care Each campus offers a walk-in Wellness Clinic staffed by a team of nurse practitioners. Assisted Living, Memory Support, and Nursing Care are all available within our community.

Salon & Spa Services* Hair styling, nail services, massage, and barbering are available at salons on each campus.

Complimentary Transportation We provide transportation between our campuses as well as scheduled trips for shopping, medical appointments, and other local stops.

Speedy Snow Removal Never shovel again — we even clear off your vehicle!

Pet-Friendly Living We welcome dogs or cats, without restrictions on weight or breed.

Additional Benefits:

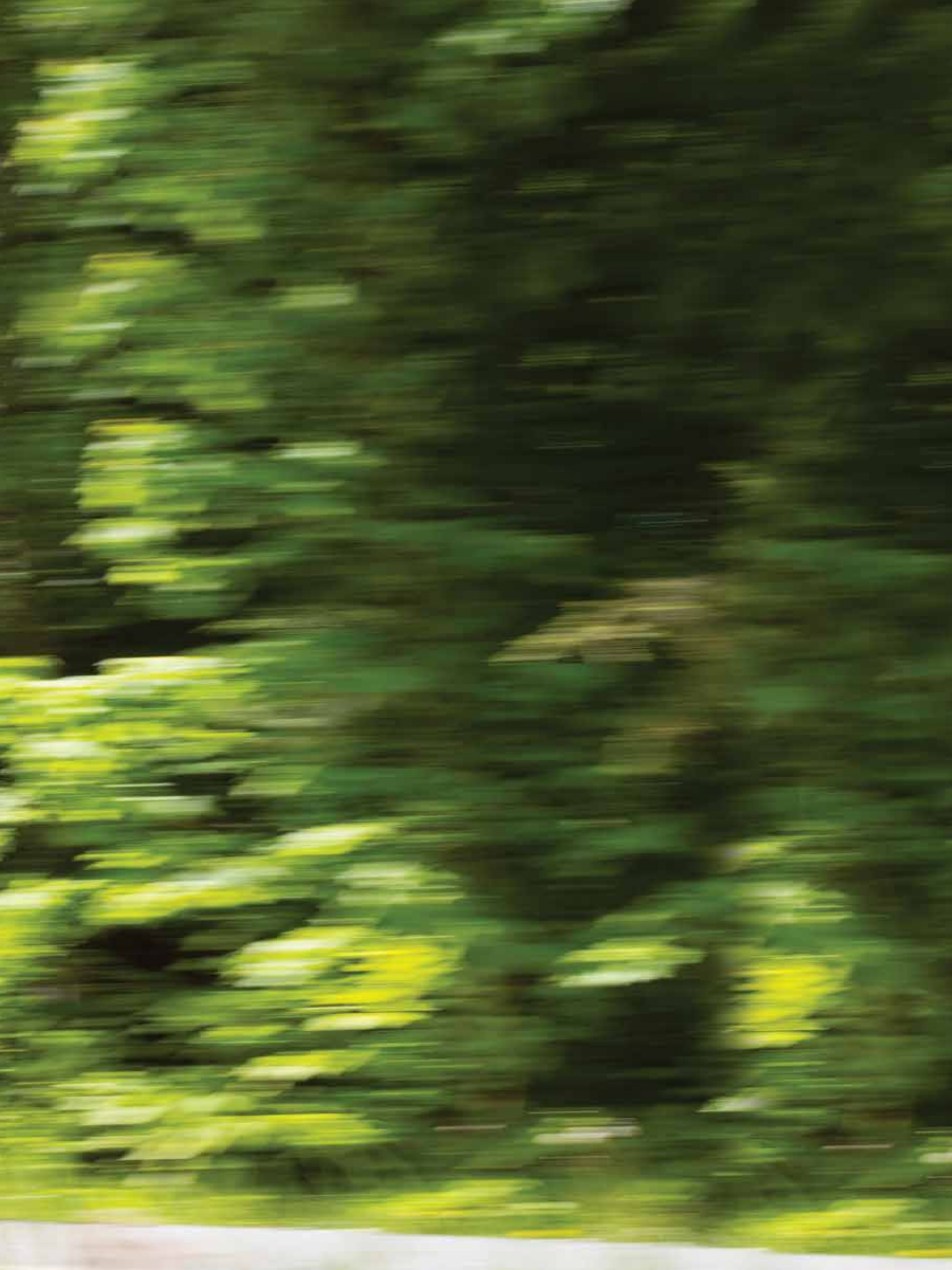
- 24-hour Security and Emergency Response
- On-site Social Services
- On-site Administrative and Postal Services
- Guest Rooms*
- Underground and Covered Parking*
- Over four miles of wooded trails to hike or snowshoe
- Courts for pickleball, bocce, and horseshoes, plus a parcourse
- Game rooms for billiards, ping pong, and cards
- Local clubs for golf or tennis*
- Paddle or fish on the nearby Exeter River
- Organized kayak, snowshoe, cross-country, and downhill skiing trips*

* For a separate fee.

We love how easy it is to stay active, surrounded by so much natural beauty.

RiverWoods Exeter residents Susan and David





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RiverWoods Exeter is nationally accredited by CARF International.

On cover: RiverWoods Exeter residents Sally and Jane