



Review us on
Tripadvisor



THE KINGS ARMS

TEMPLE SOWERBY

Summer '25

THE KINGS ARMS

TEMPLE SOWERBY, PENRITH, CUMBRIA CA10 1SB

+44 (0) 17683 62944

BOOKINGS@KINGSARMSTEMPLESOWERBY.CO.UK

8AM - 11PM EVERY DAY

FOLLOW US @KINGSARMSTEMPLESOWERBY



STARTERS

PHEASANT £12 (GF*)

PAN-SEARED BREAST OF PHEASANT,
WILD QUINOA, SUMMER BERRY JUS

TIGER PRAWNS £12 (GF*)

LARGE TIGER PRAWNS, PINEAPPLE,
CHILLI, SWEETCORN SALSA

FRICASSEE £9 (V, VG*,GF*)

WILD MUSHROOM, BLACK TRUFFLE,
GARLIC, WHITE WINE AND CREAM
REDUCTION, KINGS ARMS FOCACCIA

SQUID £11 (GF*)

SALT AND PEPPER BABY SQUID, ASIAN
SLAW, SWEET SOY AND CHILLI SAUCE

CROQUETA £9.5

MANCHEGO, SMOKED HAM HOCK,
ROMESCO AIOLI, HOT HERB HONEY

BLACK PUDDING SCOTCH EGG £10.5

DUCK EGG, BLACK PUDDING, APPLE
CHUTNEY

TERRINE £10 (GF*)

SLOW COOKED CHICKEN, SUMMER
GREENS, APRICOT, HOUSE PICKLE,
KINGS ARMS TOASTED FOCACCIA

(GF*) GLUTEN FREE ON REQUEST
(V) VEGETARIAN
(VG) VEGAN ON REQUEST

PLEASE SPEAK TO OUR TEAM IF YOU
SUFFER FROM ANY ALLERGIES OR
INTOLERANCES.
ALTHOUGH GREAT CARE IS TAKEN BY
OUR TEAM, WE DO NOT OPERATE AN
ALLERGY FREE KITCHEN, THEREFORE
CANNOT GUARANTEE YOUR DISHES WILL
BE FREE OF ALLERGENS.

MAINS

BEEF £22 (GF*)

FEATHER BLADE, CHIMICHURRI MARINADE, ROAST SUMMER
ROOT VEG, CARROT AND CUMIN PUREE
(SERVED PINK)

DUO OF LAMB £22.50 (GF*)

SLOW-COOKED SHOULDER, ROAST LEG NOISETTE, SWEET
POTATO MASH, ASPARAGUS, ROASTED SHALLOTS
(SERVED PINK)

DUCK £22 (GF*)

PAN-SEARED DUCK BREAST, POTATO DAUPHINOISE, KALE,
CAULIFLOWER PUREE, SOY AND SESAME JUS
(SERVED PINK)

WILD STONE BASS £19 (GF*)

PAN SEARED STONE BASS, BEURRE BLANC, JERSEY ROYALS,
SPRING GREENS, WILD GARLIC OIL

ROAST AUBERGINE £17 (V, VG* GF*)

SLOW ROASTED DARK MISO AUBERGINE, SAFFRON PILAU
RICE, CORIANDER OIL

STEAK AND ALE PIE £18

SLOW BRAISED BEEF CHEEK, LOCAL ALE, PUFF PASTRY,
HAND-CUT CHIPS

BURGER £18.5

6 OZ BRISKET BURGER, SLOW COOKED LOCAL ALE BEEF
CHEEK, CRISPY SMOKED BACON, SMOKED SWISS CHEESE,
KINGS ARMS SAUCE, RED CABBAGE, KINGS ARMS BRIOCHE,
HAND-CUT CHIPS

FISH & CHIPS £19 (GF*)

BEER BATTERED HADDOCK, HAND-CUT CHIPS, GARDEN PEAS,
TARTARE SAUCE

CHICKEN £21 (GF*)

BALLOTINE OF CHICKEN, SUNDRIED TOMATO, BASIL, FETA
PARMA HAM, HARISSA HONEY, SUMMER GREENS

DESSERTS

POACHED PEAR £8.5 (V, VG* GF*)

POACHED IN ORANGE ZEST AND CABERNET SAUVIGNON, KINGS ARMS WHITE
CHOCOLATE AND CANDIED GINGER ICE CREAM

BEE WITTY PANNACOTTA £9 (V, GF*)

VANILLA PANNACOTTA INFUSED WITH MR & MRS WITT'S ORGANIC HONEY,
ORANGE GEL, WHITE CHOCOLATE, HONEYCOMB PUFF CANDY KINGS ARMS
ICE CREAM

PINEAPPLE MERINGUE 8.5 (V, GF*)

FRENCH MERINGUE, PINEAPPLE COULIS, PINEAPPLE CRISP, KINGS ARMS
PINEAPPLE SORBET

WHITE CHOCOLATE STRAWBERRY CREMEUX £ 9.5 (V,GF*) WITH KINGS ARMS RHUBARB AND VANILLA ICE CREAM

CHEESEBOARD £14 (V, GF*)

SELECTION OF CUMBRIAN SOFT, BLUE AND MATURE CHEESES SERVED WITH
SEASONAL CHUTNEY, RED GRAPES, ARTISAN CRACKERS, CANDIED PECANS
AND CELERY

ADD A LIQUEUR £3.50

HOT DRINKS

ESPRESSO £3

WHITE COFFEE / AMERICANO £3.5

CAPPUCCINO / LATTE £3.75

ENGLISH BREAKFAST TEA £2.5

TEA: PEPPERMINT / EARL GREY/ GREEN £3

SWEET REVOLUTION LATTE: CHAI / TURMERIC / MATCHA (V)(GF)(VG) £3.50

HOT CHOCOLATE £2.50

WITH CREAM & MARSHMALLOW £3.50

BAR BITES / SIDES

HALLOUMI FRIES £6.5 (V,GF*)

LOADED CHIPS £7.00 (GF*): BBQ BEEF AND CHEESE

ONION RINGS £4.00 (V)

STICKY PORK BELLY BITES £6.00 (GF*)

MAC N CHEESE £8.5 (V)

HAND-CUT CHIPS £4.00 (V,GF*)

MIXED SEASONAL ROOT VEG & GREENS £5.00 (GF*, V, VG*)

KINGS ARMS HOUSE SALAD £6.00 (GF*, V, VG*)

CIABATTAS £10.50 ALL (GF*) WITH SIDE SALAD.

- HALLOUMI AND HARISSA HONEY (V)
- CHICKEN AND PESTO
- PORK AND APPLE MUSTARD
- BEEF AND PEPPERCORN SAUCE
- LAMB AND MINT

ADD HAND-CUT CHIPS FOR £2.50